

Bal-A-Vis-X Training

*Sponsored by the Autism Society of Greater Phoenix
Training by Bill Hubert*

**Thursday, Friday & Saturday, August 19th, 20th, & 21st
9am-6pm (Lunch provided)
Scottsdale Bible Church**

7601 E Shea Boulevard, Scottsdale, AZ 85260

Wear comfortable clothing as you will be moving!



With more than a decade of hands on classroom experience, Bal-A-Vis-X is turning the world of education upside down. Go to www.bal-a-vis-x.com for more on the program.

Bal-A-Vis-X is a series of **Balance/Auditory/Vision eXercises**, of varied complexity, all of which are deeply rooted in rhythm. Exercises are done with sand-filled bags and racquetballs, sometimes while standing on a balance board. **Bal-A-Vis-X (BAVX)** requires focused attention, demands cooperation, promotes self-challenge, and fosters peer teaching. It is school and home friendly and just plain fun.

We are excited to have Bill Hubert, founder of the program, come and provide his complete 23 hour training over three days in this unique program. This training is appropriate for parents, teachers, & therapists.

There are only 60 spots available for this individualized, hands-on training, so **register early!**

EARLY BIRD REGISTRATION: Registered and paid by July 15th, 2010

NO REFUNDS AFTER JULY 15th - You must find someone to fill your spot- NO EXCEPTIONS!

To become a member of the Autism Society, visit our website: www.phxautism.org

EARLY BIRD (Before 07/15): Autism Society of Greater Phoenix Member: \$150; Non-members: \$200

REGULAR REGISTRATION: Autism Society of Greater Phoenix Member: \$200; Non-members: \$250

Name (First, Last)

Autism Society Member Number

Address

City

State

Zip

E-mail address

Phone

Send completed form to Autism Society of Greater Phoenix, P.O. Box 10543 Phoenix, AZ 85064

Questions? Call Katie at 602-295-8062 or e-mail: wridetrib@cox.net

You can also register & pay online at: <http://events.constantcontact.com/register/event?oeidk=a07e2wg7fl265c5a897>

Method of Payment

q Check # _____ (payable to Autism Society of Greater Phoenix)

q Purchase Order (A copy must accompany this registration form.)

q I am paying \$ _____ on my: q VISA q Mastercard

_____ Credit Card Number _____ Exp. Date/ Security Code

_____ Signature

Fax registration to Tyra at: 480-214-3362

Who benefits from Bal-A-Vis-X? (from Bill Hubert's website- www.bal-a-vis-x.com)

Bal-A-Vis-X (BAVX) was originally developed for regular and special education students in a K-12 school setting, where we consistently found/find these **BAVX** benefits:

1. for **learning disabled** students -- COGNITIVE INTEGRATION IMPROVES
 2. for **behaviorally disordered** students -- BEHAVIOR "SETTLES"
 3. for **attention deficit disordered / attention deficit hyperactive disordered** students -- IMPULSIVITY DECREASES AND ABILITY TO FOCUS INCREASES
 4. for **gifted** students -- PHYSICAL COORDINATION IMPROVES AND STRESS HEADACHES DIMINISH
 5. for **regular education** students -- ACADEMIC SUCCESS REQUIRES LESS EFFORT
 6. for students with **inadequate auditory skills** who "hear" but don't attend to the precise details of:
 - A. **pronunciation**: they can/do not distinguish among initial consonant sounds or digraphs, between one word's ending and the next word's beginning, among vowel sounds --
 - B. **verbal instructions**: they grasp random pieces, seemingly by chance --
 - C. **discussion**: they rarely follow the flow and often interrupt to make unrelated comments or ask superfluous questions --THE RHYTHMIC PATTERNS OF BAL-A-VIS-X CREATE A NEW AWARENESS OF THE NUANCES OF SOUND
 7. for students whose visual acuity may be 20/20 yet whose vision is deficient in
 - A. **ocular motility** (tracking) --eyes that float, stick, skip, stutter, or dart - FLOW
 - B. **binocularity** (teaming) -- eyes that squint, blink excessively, or produce extreme head/neck postures for near vision tasks - WORK TOGETHER
 - C. **visual form perception** (discrimination of details) -- eyes that are careless about, forgetful of, or inattentive to differences and similarities - NOTICE
 8. for **all students** -- gains in eye-hand coordination and subsequent growth in confidence, hence, in earned self-esteem, are readily observable
- In our experience, the only students in regular or special education settings not to benefit from BAVX are those who refuse to follow instructions.

