

Bal-A-Vis-X Training

*Sponsored by the Autism Society of Greater Phoenix
Training by Deana Douglas*

**Friday & Saturday, July 30th & 31st
9am-6pm**



Wear comfortable clothing as you will be moving!

With more than a decade of hands on classroom experience, Bal-A-Vis-X is turning the world of education upside down. Go to www.bal-a-vis-x.com for more on the program.

Bal-A-Vis-X is a series of **B**alance/**A**uditory/**V**ision **eX**ercises, of varied complexity, all of which are deeply rooted in rhythm. Exercises are done with sand-filled bags and racquetballs, sometimes while standing on a balance board. **Bal-A-Vis-X (BAVX)** requires focused attention, demands cooperation, promotes self-challenge, and fosters peer teaching. It is school and home friendly and just plain fun.

We are excited to have Deana Douglas, one of only twelve certified Bal-A-Vis-X instructors, come and provide the Level 1 & 2, with adaptive, 16 hour training. This training is appropriate for parents, teachers, & therapists.

There are only 60 spots available for this individualized, hands-on training, so **register early!**

EARLY BIRD REGISTRATION: Registered and paid by July 1st, 2010

NO REFUNDS AFTER JULY 1st - You must find someone to fill your spot- NO EXCEPTIONS!

To become a member of the Autism Society, visit our website: www.phxautism.org

EARLY BIRD (Before 07/01): Autism Society of Greater Phoenix Member: \$50; Non-members: \$75
REGULAR REGISTRATION: Autism Society of Greater Phoenix Member: \$75; Non-members: \$100

SPECIAL PRICING: If you register two people at the same time, you can each come for \$50.

Your Name (First, Last) Autism Society Member # or name of person registering w/you

Address City State Zip

E-mail address Phone

Send completed form to Autism Society of Greater Phoenix, P.O. Box 10543 Phoenix, AZ 85064
Questions? Call Katie at 602-295-8062 or e-mail: wridetrib@cox.net

You can also register & pay online at:
<http://events.constantcontact.com/register/event?oeidk=a07e2wg4k8r28b904fb>

Method of Payment

q Check # _____ (payable to Autism Society of Greater Phoenix)

q Purchase Order (A copy must accompany this registration form.)

q I am paying \$ _____ on my: q VISA q MasterCard

_____ Credit Card Number _____ Exp. Date/ Security Code

_____ Signature

Fax registration to Tyra at: 480-214-3362

Who benefits from Bal-A-Vis-X? (from Bill Hubert's website- www.bal-a-vis-x.com)

Bal-A-Vis-X (BAVX) was originally developed for regular and special education students in a K-12 school setting, where we consistently found/find these **BAVX** benefits:

1. for **learning disabled** students -- COGNITIVE INTEGRATION IMPROVES
2. for **behaviorally disordered** students -- BEHAVIOR "SETTLES"
3. for **attention deficit disordered / attention deficit hyperactive disordered** students -- IMPULSIVITY DECREASES AND ABILITY TO FOCUS INCREASES
4. for **gifted** students -- PHYSICAL COORDINATION IMPROVES AND STRESS HEADACHES DIMINISH
5. for **regular education** students -- ACADEMIC SUCCESS REQUIRES LESS EFFORT
6. for students with **inadequate auditory skills** who "hear" but don't attend to the precise details of:
 - A. **pronunciation**: they can/do not distinguish among initial consonant sounds or digraphs, between one word's ending and the next word's beginning, among vowel sounds --
 - B. **verbal instructions**: they grasp random pieces, seemingly by chance --
 - C. **discussion**: they rarely follow the flow and often interrupt to make unrelated comments or ask superfluous questions --THE RHYTHMIC PATTERNS OF BAL-A-VIS-X CREATE A NEW AWARENESS OF THE NUANCES OF SOUND
7. for students whose visual acuity may be 20/20 yet whose vision is deficient in
 - A. **ocular motility** (tracking) --eyes that float, stick, skip, stutter, or dart - FLOW
 - B. **binocularity** (teaming) -- eyes that squint, blink excessively, or produce extreme head/neck postures for near vision tasks - WORK TOGETHER
 - C. **visual form perception** (discrimination of details) -- eyes that are careless about, forgetful of, or inattentive to differences and similarities - NOTICE
8. **for all students** -- gains in eye-hand coordination and subsequent growth in confidence, hence, in earned self-esteem, are readily observable
In our experience, the only students in regular or special education settings not to benefit from BAVX are those who refuse to follow instructions.

